

Wishing for a **BettrWorld**... some ways that you can help

Like us, you are probably horrified by the news, stories and pictures currently coming out of Ukraine.

Over a million people have fled their homes to escape the conflict. Heavy fighting and air strikes have had devastating consequences for ordinary people with homes being destroyed and families separated. Lives have been lost.

We don't have to feel helpless from a far – please see below for more information about how we can contribute to a **BettrWorld**...

Disasters Emergency Committee (DEC)

The Ukraine appeal has recently been formed by the DEC, which brings together 15 leading UK aid charities at times of crisis overseas. The DEC have said that funds are already being used by charities in Ukraine and at its borders to give people food, water, medical assistance, protection and trauma care.

The DEC has stressed that **monetary donations are needed** as opposed to specific items, which are often challenging to transport and not always relevant.

<https://donation.dec.org.uk/ukraine-humanitarian-appeal>

British Red Cross

The British Red Cross is always prepared and ready to support National Societies to respond during times of crisis. The Ukrainian Red Cross Society and the International Committee of the Red Cross have been working hand-in-hand with affected communities to respond to the vast humanitarian needs.

The priorities are to provide food, warm clothing and first aid training to those camped out in metro stations. Transporting medical supplies and supporting hospitals with medicines and medical equipment is of great importance... all whilst helping families stay connected.

There is a fear of further escalation, wreaking havoc on more lives, but The Red Cross are doing everything they can to support the people in need.

<https://www.redcross.org.uk/about-us/what-we-do/international/ukraine#Now>

UNICEF

UNICEF is working to scale up life-saving support for children and their families. Humanitarian needs are multiplying by the hour as the fighting intensifies. Homes, schools, orphanages, and hospitals have all come under attack.

UNICEF is working with partners to provide vital humanitarian supplies, and to reach vulnerable children and families with essential services, including health, education, protection, water and sanitation.

<https://www.unicef.org.uk/donate/donate-now-to-protect-children-in-ukraine/>